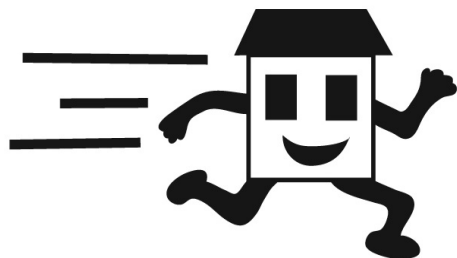


**5th
annual**



**run for
shelter**

5K Cross-Country Walk/Run

Includes STARBUCKS Coffee + Brunch

**Benefit for Hilltop's Tri-County Resource Center
& Girls on the Run**

Baldrige Park - Montrose

April 26, 2008 ♦ 9:00 am

Sponsored by San Juan Mountain Runners 249-8536 www.sjmr.org

Register at active.com or fill out form below

Run for Shelter ♦ Entry Form

PRINT: First Name: _____ **Last Name:** _____

Address: _____ **City:** _____ **Zip:** _____

Adult T-Shirt Size: **Small** _____ **Medium** _____ **Large** _____ **X-Large** _____

Registrations must be received by April 18 for guaranteed t-shirt size

Race day registration: \$35 (no shirt guarantee) 8:00 - 8:30 am

Entry Fee: \$25

(\$10 of each entry goes to Girls on the Run)

Send checks payable to Tri-County Resource Center: 540 South 1st Street, Montrose, CO 81401

There is a risk associated with cross-country events. I recognize and assume that risk.

Signature of participant (parent or guardian if under 18)

Date