



CHALLENGING & SCENIC COURSES...A GOOD CAUSE...SWEET RACE GEAR...GREAT FOOD & PRIZES

**BLACKCANYONRACES.COM**

## COLORADO'S TOUGHEST SIX MILE ROAD RACE!

# 36th Annual **BLACK CANYON ASCENT**

6 MILE RUN & CHALLENGE WALK

## SATURDAY, MAY 14, 2011

@ the junction of CO Hwy 347 & US Hwy 50

**WALKERS - 7:30 AM**

**RUNNERS - 8:00 AM**

Presented by the *Montrose Association of Commerce & Tourism* and the *San Juan Mountain Runners* with proceeds benefitting the *Montrose Community Foundation*, a 501(C)3 charitable organization

### Entry Fee

\$30 until 4/2/2011 | \$35 until 4/30/2011 | \$45 after 4/30/2011 and Day of Race

First 300 registrations are guaranteed a race shirt

On-line Registration & More Information at [www.blackcanyonraces.com](http://www.blackcanyonraces.com) or [slshine@me.com](mailto:slshine@me.com)

### 2011 BLACK CANYON ASCENT REGISTRATION FORM

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Age (on Race Day) \_\_\_\_\_ Birth Date (DD/MM/YYYY) \_\_\_\_/\_\_\_\_/\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_ City, State \_\_\_\_\_

Sex: Male \_\_\_\_\_ Female \_\_\_\_\_

CIRCLE ONE:      RUNNING RACE      NON-COMPETITIVE WALK

Technical Running Shirt Unisex Sizes

X-Small \_\_\_\_\_ Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ X-Large \_\_\_\_\_

**Friday Night Packet Pick-Up & Registration: Downtown Montrose (316 E. Main Street) – 5:00 PM to 7:30 PM**  
**Race Day Registration: 6:30 AM – 7:30 AM**

Send checks payable to: **San Juan Mountain Runners (SJMR)**  
631 S. 2<sup>nd</sup> Street  
Montrose, CO 81401

*There is a risk associated with running events. I recognize and assume that risk.*

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date